

## Bene Casa Home Care



Homes are often at the heart of our lives because they hold a lifetime of special memories and experiences. At Bene, we like to think that our clients are at the heart of all that we do too. We not only appreciate your goals, we make them our own so that you can enjoy your life to the fullest. That's why our Home Care support service is so important.

Perhaps you need a little extra help around your home or after a stay in hospital – you can rely on Bene Casa Home Care to provide daily or weekly services that support independent living in your own home. Our specialised nursing support, senior fitness, and lifestyle and wellness programs suit all kinds of needs, including the chronically ill and people with disabilities.

### A new lease on life

Home life is just the start. Imagine a personal concierge style service that eases daily burdens and provides just the right level of independence you need to get out and about with friends, family and your community. With Bene, a little help can go a very long way.

You may need a little personal shopping assistance, some help with the cleaning and laundry, or transport to appointments and social outings. It's like help from family or friends who know when and where to make living at home a bit easier and safer, so you'll be free to pursue your interests and discover more time to enjoy life.



## All the services you need

Bene Casa offers a wide range of services.

### Home & Garden

- Cleaning
- Spring cleaning
- Bed-making and linen change
- Laundry and ironing
- Cooking
- Grocery shopping
- Bill payment
- Home maintenance
- Garden maintenance

### Personal Support

- Dressing and undressing
- Bathing and showering
- Grooming
- Personal hygiene
- Assistance with eating
- Medication management
- Wound care
- Pain management
- Toileting
- Continence management
- Chronic disease management
- Diabetes care support
- Dementia care support
- Palliative care support
- Overnight care
- 24-hour access to emergency assistance
- Assistive technology
- Aids and equipment
- Home modifications

### Lifestyle & Wellness

- Staying social at home
- Staying social out and about
- Group and one-on-one social activities
- Support to maintain hobbies and interests
- Personal transport and chaperone
- Personal shopping assistance
- Allied health services
- Personal trainer
- Specialist gym for senior fitness
- Pet care support



## How to access care

Depending on your needs and circumstances, there are several ways to access home care services. If you meet the eligibility criteria, government funding may be available through Home Care Packages or the Commonwealth Home Support Program. Alternatively, you can pay privately for any of our services at any time.

Further information about how to access care and an explanation of home care costs are available on the Bene website.

Or simply call the Bene customer service team on 08 8131 2000 for step-by-step assistance to help you understand the options available and support you through the My Aged Care referral process.

## Care planning and goal setting

With Bene Casa Home Care, you are in control of the support services that you receive. In consultation with Bene, you can decide the level of involvement that you wish to have in managing your care plan and choose the care and services that best meet your goals.

Your personal Case Manager will be with you every step of the way to assist you in the decision-making and management of your care plan. Rest assured they will approach any concerns you may have with compassion and sensitivity. Working with you, Bene will help design an ongoing program of health and lifestyle support services that's just right for you.

**For further information and advice specific to your situation, please call 08 8131 2000 to arrange a one-on-one consultation with a Bene customer service team member.**

## Community Schedule of Rates

Over the past 40 years, Bene Aged Care has been responding to the needs of the Italian community in South Australia delivering culturally appropriate services. Today, Bene Aged Care is South Australia's leading multicultural aged care service provider partnering with over 2500 members of our older and diverse community to remain living well and healthy at home.



### Why Bene Aged Care?

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### How to Access Care

For information about how to access care and an explanation of the costs, please call Bene on 08 8131 2000 or email [community@bene.org.au](mailto:community@bene.org.au)

# Bene Schedule of Rates 2018/2019

Home Care Services						
Service	Min Time	M-F 7am - 8pm	M-F 8pm - 7am	Sat	Sun	P/Hol
Home Maintenance	1hr	\$52.50/hr	N/A	N/A	N/A	N/A
Personal Care	1hr	\$52.50 / hr	\$57.50 / hr	\$61.20 / hr	\$81.50 / hr	\$120 / hr
Domestic Assistance	1hr	\$52.50 / hr	\$57.50 / hr	\$61.20 / hr	\$81.50 / hr	\$120 / hr
Social Support	1hr	\$52.50 / hr	\$57.50 / hr	\$61.20 / hr	\$81.50 / hr	\$120 / hr
In Home Respite	1hr	\$52.50 / hr	\$57.50 / hr	\$61.20 / hr	\$81.50 / hr	\$120 / hr
* 1.00 per km fee applies to transportation						
Centre Based Respite						
Centre Based Activities & Respite 9am to 5pm		\$155 per day including meals and transport				
Allied Health Services						
Service	Min Time	M-F 7am - 8pm	M-F 8pm - 7am	Sat	Sun	P/Hol
Registered Nurse	1hr	\$115	\$130	\$155	\$155	\$225
Enrolled Nurse	1hr	\$95	\$105	\$135	\$135	\$185
Physiotherapy	1hr	\$135	Contact Bene for further information			
Occupational Therapist	1hr	\$135				
Rehabilitation Assistant	1hr	\$60				
Podiatry	1hr	\$135				
Dietitian	1hr	\$135				
Personal Trainer	1hr	\$60				
Overnight Care						
Sleepover - Passive (Up to 12 hours between 8pm to 8am)						
Weekday		\$305				
Saturday		\$320				
Sunday		\$390				
Public Holiday		\$515				
Sleepover - Active (Up to 12 hours between 8pm to 8am)						
Weekday		\$600				
Saturday		\$615				
Sunday		\$685				
Public Holiday		\$810				
Cancellation Fee						
* Full fee applies if not notified by 4pm prior day						